Chapter 7: The Food we Eat

CONTENTS

8 exercises · 20 questions

7.1	Answer the questions	3 Q
7.2	Let us speak	4 Q
7.3	Let us do — Match the food item to its shape	1 Q
7.4	Let us draw	1 Q
7.5	Fun with Words — One-syllable words	1 Q
7.6	Fun with Words — Two-syllable words	1 Q
7.7	Match sentences to images	5 Q
7.8	Riddles	4 Q

7.1 Answer the questions

Q1 Where do you sit when you have lunch at school?

Sample answer: I sit in the classroom with my friends.

Q2 How do you share your food with your friends?

Sample answer: I give some of my food to my friends.

Q3 When you were hungry, did anyone share food with you?

Sample answer: Yes, my friend shared her roti with me.

7.2 Let us speak

Q1 (a) Name the food items you see in the picture.

The picture shows various Indian food items on plates: idli with chutney, soup, samosa, poori with sabzi, a frankie roll, dosa, roti with sabzi, rice with curry, muffins/cupcakes, poori with potato curry, jalebi, momos, papad/khakhra, and a dosa with green chutney.

Q2 (b) Which is your favourite sweet?

Sample answer: My favourite sweet is gulab jamun.

Q3 (c) Who cooks food at home?

Sample answer: My mother cooks food at home.

Q4 (d) Do you pick up your plate after a meal?

Sample answer: Yes, I pick up my plate and keep it in the sink.

7.3 Let us do — Match the food item to its shape

Q1 Match each food item to its shape.

Match: roti (round chapati) → circle; bread slice (square piece of bread) → square; samosa (triangular fried snack) → triangle.

7.4 Let us draw

Q1 Say the names of the special dishes you eat at home. Draw and colour them. See what others have drawn.

Think of a special dish you eat at home, draw it, and colour it. Then share and see your friends' drawings.

7.5 Fun with Words — One-syllable words

Q1 Listen to the words: man, food, cat, hut, eat, mat, go, come, sit. How many syllables does each word have?

Each word has one syllable. Say the word and clap once: man (1), food (1), cat (1), hut (1), eat (1), mat (1), go (1), come (1), sit (1).

7.6 Fun with Words — Two-syllable words

Q1 Say these words and clap for every syllable: farmer, carrot, market, brinjal, mango, breakfast, dinner. How many syllables does each have?

Each word has two syllables. Clap twice: far-mer, car-rot, mar-ket, brin-jal, man-go, break-fast, din-ner.

7.7 Match sentences to images

Q1 Match: This cow is brown.

The sentence 'This cow is brown.' matches the picture of a brown cow.

Q2 Match: These are four oranges.

The sentence 'These are four oranges.' matches the picture of four oranges.

Q3 Match: This is a purple cap.

The sentence 'This is a purple cap.' matches the picture of a purple cap.

Q4 Match: This is my lunch.

The sentence 'This is my lunch.' matches the picture of a lunch plate with rice, curry, and a side dish.

Q5 Match: This is a green jeep.

The sentence 'This is a green jeep.' matches the picture of a green jeep.

7.8 Riddles

Q1 I am a fruit. My name is my colour. Who am I?

Orange.

Q2 I am hard and brown on the outside. Soft and white inside. Who am I?

Coconut.

Q3 I am a vegetable. I am pink in colour. I may also be white in colour. If you cut me, I make you cry. Who am I?

Onion.

Q4 I am a fruit. I come in green or purple. I come in a bunch. Who am I?

Grapes.