Chapter 10: How do I Spend my Day?

CONTENTS 7 exercises · 14 questions

10.1	Let us Talk — Daily Routine	3 Q
10.2	Let us Do — Morning, Day and Night Activities	3 Q
10.3	Let us Do — Guess the Time of Day	1 Q
10.4	Let us Do — Which Takes Longer?	2 Q
10.5	Let us Do — Seasons	2 Q
10.6	Let us Talk — Seasons	2 Q
10.7	Let us Do — Name the Seasons	1 Q

Exercise 10.1 — Let us Talk — Daily Routine

Q1 What is your daily routine?

SOLUTION

Tell about the things you do every day from morning to night — waking up, brushing teeth, eating, going to school, playing, and sleeping.

Q2 When do you brush your teeth?

SOLUTION

I brush my teeth in the morning after waking up.

Q3 When do you take a bath?

SOLUTION

I take a bath in the morning before going to school.

Exercise 10.2 — Let us Do — Morning, Day and Night Activities

Q1 Tick the activities that you do in the morning.

SOLUTION

The page shows 4 pictures: (1) a child bathing in a tub, (2) a child brushing teeth at a basin, (3) a child doing yoga/exercise outdoors, (4) a child sleeping in bed. Tick the morning activities: bathing, brushing teeth, and yoga/exercise. Do NOT tick sleeping — that is a night activity.

Q2 Tick the activities or things that you do or see during the day.

SOLUTION

The page shows 4 pictures: (1) a child sleeping in bed, (2) a child going to school (walking through a door), (3) a child studying at a desk, (4) a child playing/skipping outdoors. Tick the daytime activities: going to school, studying, and playing. Do NOT tick sleeping — that is a night activity.

Q3 Tick the activities that you do at night.

SOLUTION

The page shows 4 pictures: (1) children going to school (walking together), (2) children sitting/playing in a garden, (3) a child sleeping in bed, (4) a child standing at a window with curtains (night-time). Tick the night activities: sleeping in bed, and child at the window at night. Do NOT tick going to school or garden play — those are daytime activities.

Exercise 10.3 — Let us Do — Guess the Time of Day

Q1 Guess the time of the day by looking at the picture. Discuss with your friends what you do during that time.

SOLUTION

There are 4 pictures showing the sun/sky at different times. Top-left: sun rising over hills = Morning. Top-right: sun high in the sky with sunglasses (bright midday) = Afternoon. Bottom-left: orange sun setting on the horizon = Evening. Bottom-right: dark purple sky with moon and stars = Night. Write the correct time of day in the blank box under each picture.

Exercise 10.4 — Let us Do — Which Takes Longer?

Q1 Colour the activity that usually takes longer time. (Set A)

SOLUTION

Set A shows two pictures: (left) a woman washing a big pile of clothes in a large tub, and (right) a boy washing a single plate/dish. Washing clothes takes much longer. Colour the LEFT picture (washing clothes).

Q2 Colour the activity that usually takes longer time. (Set B)

SOLUTION

Set B shows two pictures: (left) a child washing hands quickly at a tap/sink, and (right) a large overhead water storage tank being filled. Filling a water tank takes much longer. Colour the RIGHT picture (the water tank).

Exercise 10.5 — Let us Do — Seasons

Q1 Look at the pictures of Summer, Spring, Monsoon and Winter. Discuss the differences among the four seasons.

SOLUTION

The page shows four labelled season pictures: Summer — a girl swimming in a pool under a bright hot sun; Spring — a girl outdoors in a breeze with colourful flowers blooming; Monsoon — two children sharing an umbrella in heavy rain; Winter — two children building a snowman wearing scarves and warm clothes. Discuss how the weather and clothes differ in each season.

Q2 Match the objects with the season: Monsoon, Spring, Summer, Winter.

SOLUTION

The circle is divided into four quadrants, labelled Monsoon (left), Spring (top-right), Summer (bottom-left), Winter (bottom-right). Match: Monsoon — umbrella, raincoat, frog (rainy-day objects). Spring — butterfly, flowers, colourful sweets/candy, bonnet. Summer — ice cream, cold drink bottle, beach ball, bucket, fruits (mango, orange, cherry), plate of food. Winter — tea cup, socks, gloves, snowflake sweets.

Exercise 10.6 — Let us Talk — Seasons

Q1 What do you like to eat in the summer season?

SOLUTION

In summer, we like to eat cold foods — like ice cream, cold fruits such as mangoes and watermelons, and drink cold water or juice to stay cool.

Q2 What do you like to wear in the winter season?

SOLUTION

In winter, we like to wear warm clothes — like sweaters, jackets, woolly caps, gloves, and socks to stay warm.

Exercise 10.7 — Let us Do — Name the Seasons

Q1 Write the name of the seasons and match them with the pictures.

SOLUTION

The middle column has 3 scene pictures each with a blank box below. Top scene: children with a snowman, scarf and snow — write WINTER. Middle scene: children under an umbrella in rain — write MONSOON. Bottom scene: a girl swimming in a pool under a hot sun — write SUMMER. (Spring is the fourth season — not shown as a scene here but can be written if asked.) Match the clothing on the left and right columns to these seasons: hat/cap, swimsuit, shorts → Summer; umbrella, raincoat → Monsoon; warm woolly cap, scarf, sweater, gloves, boots → Winter.