Chapter 1: Family and Friends

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11 exercises · 30 questions

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1.1 Playing Together / Singing Together — Discussion Questions

Q1 Who are the members in Bela's family?

Bela's family includes her mother, father, elder brother Banku Bhaiya, younger brother Bishu, grandmother Dadiji, and grandfather Dadaji. They also have a pet dog named Shiru.

Q2 What do you and your family members do when it rains?

Sample answer: When it rains, my family sits together indoors. We play board games, talk, and my grandmother makes hot snacks like pakodas. Sometimes we sing songs and enjoy the cool weather together.

Q3 Can you think of a rain song and sing it with your friends in the class?

Sample answer: Yes. One rain song we know is — 'Rain, rain, go away, come again another day.' We can also sing the song in the chapter: 'Look at the dark clouds in the sky, the rain will come by and by.'

Q4 Write the names of your family members in the table (Name, Relationship with you, You call them).

Sample answer: 1. Mother — mother — Maa. 2. Father — father — Papa. 3. Grandmother — father's mother — Dadi. 4. Grandfather — father's father — Dada. 5. Sister — sister — Didi.

1.2 Types of Families — Discussion Questions

Q1 Would you call Bela's family a big or a small family?

Bela's family is a big family. It has her parents, grandparents (Dadiji and Dadaji), and three children — Banku Bhaiya, Bela, and little Bishu — all living together.

Q2 What games do you play with elders and other members of your family?

Sample answer: I play ludo, carrom, and antakshari with my family elders. My grandfather teaches me traditional games like gilli-danda. We also play snakes and ladders on rainy evenings.

Q3 Which animals come to your home or your neighbourhood?

Sample answer: Dogs, cats, crows, and sparrows often come to our home or neighbourhood. Sometimes we also see cows and goats on the street near our house.

Q4 Have you ever shared food with the animals who come to your home? Share your experience.

Sample answer: Yes, I share leftover chapati with the stray dogs near our house and scatter rice grains for sparrows in the morning. They wait for us every day and it makes me happy to feed them.

Q5 Why do you think we should not hurt or tease animals?

We should not hurt or tease animals because they feel pain just like we do. Animals are living beings that deserve kindness and care. Hurting them is cruel and makes them suffer. Treating animals with love and gentleness keeps them happy and healthy.

Q6 Do you know what games your grandparents used to play when they were young?

Sample answer: My grandparents used to play games like gilli-danda, pitthoo, kho-kho, and marbles when they were young. They did not have video games or phones, so they played outdoors with friends.

1.3 Helping Each Other — Activity 1 (Tick and Colour)

Q1 Tick and colour the activities that you see in your family.

The six pictures show: (1) grandmother oiling and braiding a child's hair, (2) a person hanging wet clothes on a clothesline, (3) a person carrying a pot of water on their head, (4) a person cooking food on a stove, (5) a mother holding and caring for a baby, and (6) two women sitting and talking together. Tick the pictures that show activities you see in your own family, then colour those pictures.

1.4 Helping Each Other — Discussion and Fill-in Questions

Q1 What all have you learnt from your family and from whom?

Sample answer: I have learnt cooking simple dishes from my mother, gardening from my grandfather, and stitching buttons from my grandmother. My father taught me how to ride a bicycle. Our family members teach us many useful things every day.

Q2 Has anyone learnt anything from you?

Sample answer: Yes, I taught my younger sibling how to fold paper boats. I also showed my grandmother how to use a mobile phone to make video calls. Children can teach new things to elders too.

Q3 How do you help your family?

Sample answer: I help my family by keeping my room tidy, watering the plants in our garden, setting the table before meals, and helping my younger sibling with studies. Helping at home makes everyone happy.

Q4 Some people in the family need special care and support like grandparents, small children or someone who is sick. How do you help them?

Sample answer: I help my grandparents by fetching water or medicines for them. I keep my baby cousin entertained with games and stories. When someone is sick, I bring them food and sit with them so they do not feel lonely.

Q5 Who is the oldest person in your family?

Sample answer: The oldest person in my family is my grandfather (Dada). He is 72 years old.

Q6 Who is the youngest person in your family?

Sample answer: The youngest person in my family is my baby sister. She is two years old.

Q7 Who is the tallest person in your family?

Sample answer: The tallest person in my family is my father. He is the tallest among all of us.

Q8 Do you have any members in your family who do not live with you? Who are they and where do they live? How often do you meet them?

Sample answer: Yes, my uncle and aunt live in another city. My cousins also live with them. We meet during school holidays and on festivals like Diwali. We also talk to them on video calls every week.

Q9 What are the names of your friends who play with you at home or in your neighbourhood?

Sample answer: My friends who play with me are Riya, Arjun, and Sonu. We play in the park near our home every evening.

1.5 Activity 3 — Bela's Family Relationships

Q1 Look at the pictures below and write down Bela's relationship with all the members of her family.

The diagram on page 13 shows Bela in the centre circle with eight people connected to her by lines. Looking at the portraits and matching them to the chapter story: the young man with dark hair is her elder brother Banku Bhaiya; the old woman with a white bun is her grandmother Dadiji; the older man with a grey moustache is her grandfather Dadaji; the woman in a saree is her mother; the young boy is her younger brother Bishu; the brown dog is their pet Shiru. Fill in the empty boxes next to each picture with the correct relationship — for example, write 'elder brother' next to Banku Bhaiya and 'grandmother' next to Dadiji.

1.6 Activity 4 — Draw Your Family

Q1 Draw a picture of the members of your family and write your relationships with them. You can look at the example given on page 13.

Sample answer: Draw yourself in the centre. Around you, draw your mother, father, siblings, and grandparents. Write your name and draw lines to each member. Label each person with their relationship — e.g., Mother, Father, Dadi, Dada, Brother, Sister.

1.7 Relatives Table and Who Does What in Your Family

Q1 Write down the names of relatives who visit your family. How are they related to you? (Name of the relative, How are you related, What do you call them?)

Sample answer: 1. Ramesh — father's brother — Chacha. 2. Sunita — mother's sister — Mausi. 3. Kavita — father's sister — Bua. Children should fill in names from their own family.

Q2 Who does it? Fill in the table for: Cooking food, Watering plants, Mending things, Cleaning the house, Buying things from the market.

Sample answer: Cooking food — Mother and Father together; Watering plants — Me and Grandfather; Mending things — Mother (sewing) and Father (repairs); Cleaning the house — Everyone; Buying things from the market — Father and sometimes Mother. Children should fill in based on their own family.

1.8 Let us reflect — A. Write

Q1 How do family members show their love and care for each other?

Family members show love and care by helping each other in daily work like cooking, cleaning, and gardening. They sit together, share meals, and enjoy festivals. Elders teach children games and songs. Parents and grandparents look after children when they are sick. Everyone supports each other during difficult times.

Q2 What games do you play with your friends?

Sample answer: I play hide and seek (chhupan-chhupai), pitthoo, kho-kho, and cricket with my friends. On rainy days we play snakes and ladders and ludo indoors. Playing together is a lot of fun.

1.9 Let us reflect — B. Draw

Q1 Draw some of the happy moments you enjoy together with your family.

Sample answer: Draw your family celebrating a festival together, eating a meal, or going to a park. You could draw everyone sitting under an umbrella on a rainy day eating hot snacks, just like Bela's family does.

1.10 Let us reflect — C. Discuss

Q1 What do you learn from elders in your family?

We learn many things from elders in our family. Grandparents teach us traditional games, songs, and stories. Parents teach us to cook, clean, and do daily tasks. Elders share wisdom about life, festivals, and how to be kind and helpful. Learning from elders connects us to our family's traditions.

Q2 We care for many others who are not in our family. Who are they? How do we care for them?

We care for our neighbours, friends, teachers, and the animals around us. We help neighbours when they are sick or need something. We look after stray animals by giving them food and water. We are kind and respectful to our friends and teachers. Like Kusum Mausi, neighbours and friends can also be part of our wider family.

1.11 Let us reflect — D. Activity (Find and Circle)

Q1 Circle five words related to games in the grid below. One example (BALL) is done for you. Find the other five.

The five game-related words hidden in the grid (besides the example BALL) are: LUDO (read across row 4: L-U-D-O), BAT (read across row 5: B-A-T), NET (read down column 1, rows 5 to 7: N-E-T), CHESS (read down column 6, rows 3 to 7: C-H-E-S-S), and TOY (read down column 7, rows 4 to 6: T-O-Y). Circle each of these words in the grid.