Chapter 4: One Thing at a Time

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4.1 Let us Think — Answer the following

Q1 Why is it important to focus on doing one thing at a time?

When we focus on one thing at a time, we do it with our full attention and effort. This helps us do it better and finish it correctly, without making mistakes.

Q2 Make a list of words that rhyme in the poem 'One Thing at a Time'.

The rhyming pairs in the poem are: play – away, might – right, well – tell.

Q3 How do you feel after finishing a task that you have done well?

Sample answer: After finishing a task well, I feel happy, proud, and confident. It gives me energy to take up the next task.

Q4 What are some of the things you do every day that help you stay calm and focused?

Sample answer: Reading quietly, doing breathing exercises, drawing, and taking short breaks between tasks help me stay calm and focused every day.

4.2 Let us Think — Think and discuss

Q1 What do you like doing in your free time?

Sample answer: In my free time, I like reading storybooks, drawing pictures, and playing board games with my family.

4.3 Let us Learn — Match the words with their meanings

Q1 Match: might → ?

might → strength or power

Q2 Match: useful → ?

useful → helpful or beneficial

Q3 Match: moments → ?

moments → short periods of time

4.4 Let us Learn — Use the words in sentences

Q1 Use the word 'might' in a meaningful sentence.

Sample answer: The brave soldier fought the enemy with great might.

Q2 Use the word 'useful' in a meaningful sentence.

Sample answer: A dictionary is very useful when you want to find the meaning of a new word.

Q3 Use the word 'moments' in a meaningful sentence.

Sample answer: We waited for a few moments before the teacher arrived in class.

4.5 Let us Speak — Describe the picture

Q1 Describe what everyone is doing in the picture. Use the structure 'Who + is/are + doing what (action)' and write at least seven sentences.

Sample answer (grounded in the picture — a folk-art village scene): 1. Two girls are going to school. 2. A woman is typing on a computer. 3. A man is climbing a ladder to reach the top of a tree. 4. A woman is picking fruit from the tree. 5. A group of children are sitting together and playing. 6. A woman is cooking food near a small house. 7. A man is carrying a basket on his head. 8. Two people are dancing with their arms raised. 9. A woman is watering plants in the garden. 10. Birds are flying in the sky above the rainbow.

4.6 Let us Listen — The case of missing 'l'

Q1 Circle the words in which you don't hear the 'l' sound: leaf, calm, pale, jail, palm, hall, clean, calf, shelf, chalk, talk, silk, balm, plum, self.

The words where the 'l' is silent (not heard) are: calm, palm, calf, chalk, talk, balm. In the remaining words the 'l' is clearly pronounced.

4.7 Let us Write — Daily routine table and paragraph

Q1 Write down your daily routine in the table. Tick if each activity is work or play. Then write your routine as a paragraph.

Sample answer: My Routine — I begin my day at 6:30 a.m. I brush my teeth and then take a bath. After this, I eat breakfast. By 8:00 a.m., I am ready for school. My mother helps me pack my bag and then I leave for school at 8:15 a.m. At School: My school starts at 9:00 a.m. I have five periods before recess. When the big clock reads 12:30, the students go to the playground and play many games together. The school ends at 3:00 p.m. At Home: After school I eat lunch and rest. Then I do my homework. In the evening I play outdoors with friends.

4.8 Let us Do — Riddles

Q1 Riddle: 'Thirty white horses / On a red hill / Now they chomp / Now they stomp / Now they stand still.' What am I?

Teeth

Q2 Riddle: 'Tall lady / In a white frock, / With a yellow face, / And a red nose. / The longer she stands, / The shorter she grows.' What am I?

A candle

Q3 Riddle: 'Hard and brown outside / Soft and white inside / Who am I?'

A coconut

4.9 Let us Do — Holiday activities drawing

Q1 Use the space to draw activities that you enjoy doing in holidays. You may also paste pictures from old newspapers or magazines.

Draw or paste pictures of activities you enjoy during holidays, such as swimming, painting, cycling, reading, or playing games. Label each picture with the activity name.